

How do you take *AmazinGrape*?

AmazinGrape is a supplement made from the Seed and Skin of the Muscadine Grape. Our special processing keeps the enzymes alive. There are no fillers, or additives and it is encapsulated in a vegetable capsule. Our proprietary blend makes the difference.

Back in the 1970's, Dr Jack Masquelier of France, after years of extensive research, found that vinifera grape seed had a more abundant amount of a specific group of Bioflavanols and cofactors of vitamin C known as Oligomeric Proanthocyanidins or OPC's for short. Our bodies are not able to produce them, and so we must get them from sun ripened fresh fruits and vegetables. His summation was that **we needed to consume at least some amount of them on a daily basis for vitality and life.** The Muscadine Grape has more than 40 times the Vital Nutrients and Powerful Antioxidants as the vinifera grape and may have more than any other fruit or vegetable in the WHOLE World!

As a dietary supplement, 2 capsules daily provides adults with 1300 mg. of Muscadine Seed and Skin. This is considered an average dosage, although no daily value has been established. For illness or Allergy flare-up, you may want to take 4-6 daily for a few days. For fighting a serious illness, or for a saturation dose, you may take up to 12 or 14 capsules daily for a period of 2-4 weeks and then back to a maintenance dose.

Children are suggested to take half of the adult dosage.

If you have trouble swallowing capsules, you may open and sprinkle them on salads, on cereal, or put in a smoothie. If your bowels are loosened, (just like eating fresh grapes in the fall) you may want to only start with one capsule daily until your body gets used to them and then increase to 2 or more.

We suggest you don't take *AmazinGrape* or any herbs or vitamins at the same time as prescription medication. Just take your *AmazinGrape* or other supplements one to two hours apart from medication.

How do you take *AmazinGrape*?

AmazinGrape is a supplement made from the Seed and Skin of the Muscadine Grape. Our special processing keeps the enzymes alive. There are no fillers, or additives and it is encapsulated in a vegetable capsule. Our proprietary blend makes the difference.

Back in the 1970's, Dr Jack Masquelier of France, after years of extensive research, found that vinifera grape seed had a more abundant amount of a specific group of Bioflavanols and cofactors of vitamin C known as Oligomeric Proanthocyanidins or OPC's for short. Our bodies are not able to produce them, and so we must get them from sun ripened fresh fruits and vegetables. His summation was that **we needed to consume at least some amount of them on a daily basis for vitality and life.** The Muscadine Grape has more than 40 times the Vital Nutrients and Powerful Antioxidants as the vinifera grape and may have more than any other fruit or vegetable in the WHOLE World!

As a dietary supplement, 2 capsules daily provides adults with 1300 mg. of Muscadine Seed and Skin. This is considered an average dosage, although no daily value has been established. For illness or Allergy flare-up, you may want to take 4-6 daily for a few days. For fighting a serious illness, or for a saturation dose, you may take up to 12 or 14 capsules daily for a period of 2-4 weeks and then back to a maintenance dose.

Children are suggested to take half of the adult dosage.

If you have trouble swallowing capsules, you may open and sprinkle them on salads, on cereal, or put in a smoothie. If your bowels are loosened, (just like eating fresh grapes in the fall) you may want to only start with one capsule daily until your body gets used to them and then increase to 2 or more.

We suggest you don't take *AmazinGrape* or any herbs or vitamins at the same time as prescription medication. Just take your *AmazinGrape* or other supplements one to two hours apart from medication.